

Sisu Skills©: User Guide

This user guide will get you started using the *Sisu Skills* © and *Sisu Skills* © *Caregiver Training* programs in the UnitusTI © cloud system.

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Welcome Message from the Author



Sara Morris, M.A., BCBA, LBA; Program Author

Welcome to *Sisu Skills* ©. I believe it will be instrumental in identifying goals for learners and their caregivers, teachers, and support staff (henceforth referred to as “caregivers” in this document). My goal is to help caregivers become more independent in utilizing the techniques of ABA. These caregivers, after all, have so much unique insight to bring to the treatment process, which can be enhanced further with ABA knowledge and skill. Thank you so much for making *Sisu Skills* © a part of your treatment plan for your learner.

What is *Sisu Skills* ©?

"Sisu" is the Finnish word for determination. Sisu is key to a caregiver's role in teaching and nurturing their learner. This curriculum puts the power in the caregiver's hands to teach their learner themselves, with support from a behavior analyst. The caregiver can learn to use the techniques of applied behavior analysis (ABA) to teach and positively reinforce self-help skills, communication, play skills, social skills, and more.

Overview

First, the *Sisu Skills* © *Learner Assessment* on UnitusTI © will be administered with the caregiver who knows the learner the best, to automatically identify goals for the learner with autism from the *Sisu Skills* © curriculum, which includes pre-written programs to teach social skills, communication, play skills, and more.

The *Sisu Skills* © *Caregiver Assessment* will also identify pre-written programs for caregiver training from the *Sisu Skills* © *Caregiver Training* curriculum, to include collecting ABC data, identifying functions of behavior, using prompts, delivering instructions, collecting data, and more. A behavior analyst can use the *Caregiver Training* curriculum to teach these skills to the caregiver, so that the caregiver can more easily run the programs from the *Sisu Skills* © curriculum themselves with their learner. Both of these curricula are hosted on UnitusTI ©, along with the assessment.

Hold Harmless Statement

Sisu Skills © and *Sisu Skills* © *Caregiver Training* are intended for use by and/or under the direction of a behavior analyst who specializes in teaching skills to children with autism. While the program templates included are designed to be generally useful in teaching these skills, it is up to the user to ensure that the programs are customized as needed to be clinically appropriate and safe for the client. "The user" or "users" shall be defined in this document as behavior analysts, teachers, behavior technicians, parents, caregivers, paraprofessionals, and anyone else who implements or oversees the implementation of *Sisu Skills* © and *Sisu Skills* © *Caregiver Training* (also referred to in this document as "the program," "the programs," "the curriculum," "the curricula," or "Sisu Skills ©").

The user agrees to hold the program author (Sara Morris), publisher, and any associated parties harmless in the event of any claims, damages, or liabilities arising from the use, application, or interpretation of the program, including but not limited to situations where the program templates included in the curriculum are not appropriately customized to be clinically appropriate and safe for the individual client, or where the user implements the program without sufficient training in the required clinical skills.

The user acknowledges that it is their responsibility to evaluate and determine the suitability, effectiveness, and appropriateness of the strategies, techniques, and interventions outlined in the user for their specific clients or learners; exercise judgment; practice within their scope of competence; and make necessary modifications or adaptations to the program templates to ensure the safety and clinical appropriateness of the interventions.

The user agrees to indemnify and defend the author, publisher, and associated parties against any legal actions, expenses, and liabilities arising out of their use, implementation, or reliance on the program, including any adverse outcomes, injuries, or damages experienced by the client or any third party.

By using the program, the user acknowledges that they have read, understood, and accepted the terms of this Hold Harmless Statement and assume full responsibility for the consequences of their actions in implementing the strategies and interventions in this program.

Notes on Copyright

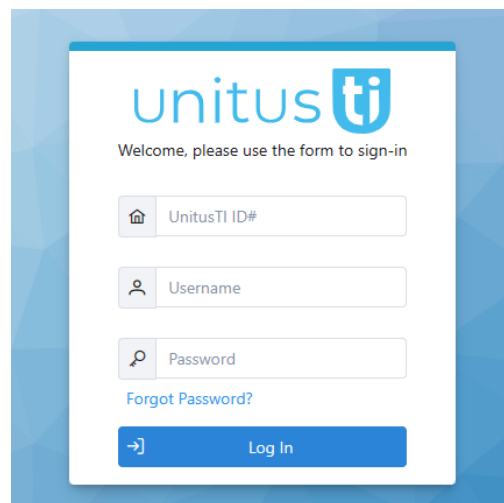
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supplemental content of the *Sisu Skills* © and *Sisu Skills* © *Caregiver Training* programs, for clinical and training purposes only. Other reproduction or distribution of this or any other subscription content without explicit written consent from the author is prohibited. Subscription content cannot be directly modified or altered and is removed entirely from the account once the subscription to the content is canceled. If removed, this does not affect the data that was collected while the subscription was active, only the ability to continue using the content for future executions.

Getting Started

Logging In

1. Go to the UnitusTI © website: <https://www.mundopato.com/unitustiligin>
2. Enter your ID number, username, and password. Your ID number is your account number.



After logging in, you can explore the skill domains covered by *Sisu Skills* © in the Categories area and preview the program goals in the Program Templates area. Continue reading for an overview of some of these features.

Categories and Program Templates

Program templates are grouped into categories corresponding to purpose or skill domain. All program templates except those in the Caregiver Training category are in the *Sisu Skills* © curriculum. The program templates in the Caregiver Training category are in the *Sisu Skills* © *Caregiver Training* curriculum. The screenshots below display all categories and several of the program templates that they contain.

☐ Categories

Name ↑↓	Short Name ↑↓	Description
Adaptive Skills		Toileting: Staying Dry and Using the Toilet; Washing Hands; Requesting to Use the Restroom; Trying New Foods; Transporting Communication Materials; Drinking From an Open Cup; Using a Fork and Spoon to Eat; Brushing Teeth; Getting Dressed: Shirt, Pants/Shorts, Socks, Tying Shoes
Caregiver Training		Reporting ABC Data, Reciting 4 Functions of Behavior, Delivering Instructions, Demonstrating Prompts, Most-to-Least Prompting and Prompt Fading, Least-to-Most Prompting, Errorless Prompting, Pairing Caregiver with Reinforcement, Using Specific Praise, Using Reinforcement, Collecting Data, Using Antecedent Strategies, Using Consequence Strategies, Single-Stimulus Preference Assessment, Free Operant Preference Assessment, Paired Stimulus Preference Assessment, MSWO Preference Assessment, MSW Preference Assessment, Using a Token System
Expressive Language		Single-Word Expressive Labeling of Objects; Single-Word Expressive Labeling of Pictures; AAC Expressive Labeling of Objects; AAC Expressive Labeling of Pictures; Vocal Expressive Labeling in a Sentence; AAC Expressive Labeling in a Sentence; Vocal Expressive Labeling: Foods and Drinks, Uppercase Letters, Lowercase Letters, Numbers, Fruits, Vegetables, Colors, Clothing, Furniture, Vehicles, Community Helpers, Familiar People, Body Parts, Actions, Animals; Expressive Dolch Sight Words; Expressive Prepositions, Expressive Functions of Community Helpers; Naming the Function
Learning in a Group		Sitting in a Group for Learning, Responding to 1:1 Instructions in a Group, Responding to Group Instructions, Peer Imitation, Following Classroom Routines, Working on Schoolwork Independently, Raising Hand to Talk to Teacher
Matching		Identical Object Matching, Identical Picture Matching, Identical Picture-to-Object Matching, Non-Identical Matching
Motor Imitation		One-Step Object Imitation, One-Step Gross Motor Imitation, Two-Step Motor Imitation, One-Step Fine Motor Imitation, One-Step Oral Motor Imitation

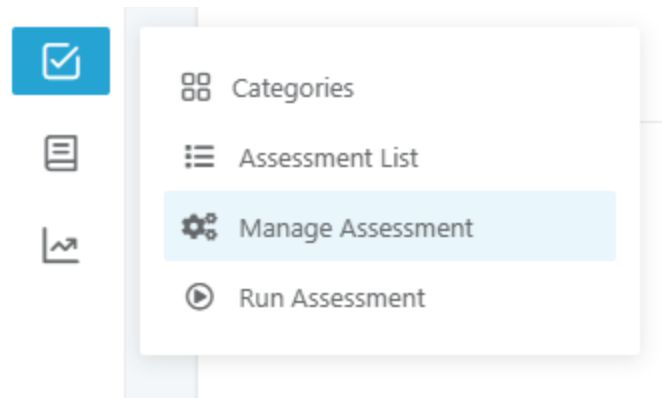
Play and Leisure Skills	Fine Motor Play; Playing Independently When Instructed; Cause-and-Effect Play, Sensory Play; Nesting and Stacking Play; Construction Play; Playing with Puzzles; Pretend Play Imitation with Figurines; Pretend Play: Taking on a Different Role;
Receptive Language	Receptive Labeling: Objects, Pictures, Foods and Drinks, Fruits, Vegetables, Colors, Furniture, Vehicles, Uppercase Letters, Lowercase Letters, Numbers 0-999, Community Helpers, Clothing, Familiar People, Body Parts, Actions, Animals; Demonstrating One-Step Motor Actions; Receptive Dolch Sight Words; Receptive Prepositions; Following Instructions with Prepositions; Following Two-Step Instructions; Following Three-Step Instructions; Receptive Functions of Community Helpers; Receptive Functions of Objects, Receptive Categories: Foods and Drinks, Fruits, Vegetables, Furniture, Vehicles...
Requesting	One-Word Vocal Requesting, Vocal Requesting Frequency, Requesting with Picture Exchange, Vocal Requesting with a Full Sentence, Pointing to Request for Items From Others, Pointing to Request for Items Out of Reach, Pointing to Make a Choice, Vocal Requesting with Describing Words, Requesting for Missing Items, Requesting by Saying "Yes," Requesting by Saying "No," Requests End to an Activity, Full-Sentence Requesting with Pictures, Vocal Requesting for Actions
Social Skills	Following a Point, Tapping Others to Gain Attention, Vocalizing to Gain Attention, Responding to Greetings and Farewells, Initiating Greetings and Farewells, Responding to Greetings/Farewells by Waving, Showing Items to Others, Making Requests to Other Children, Making Requests to Other Children - AAC, Giving a Turn When Instructed, Responding to Name by Looking, Responding to Name Vocally, Answering Closed-Ended Social Questions, Table-Top Games with Peers: Turn-Taking, Cooperative Play, Parallel Play, Giving a Turn When Requested by a Peer, Answering Yes/No Questions About Preference...
Toleration and Cooperation	Allowing Physical Prompts, Accepting Being Told No, Accepting Removal of Preferred Items, Playing at the Table, Waiting When Instructed, Transitioning to Non-Preferred Tasks, Holding a Trusted Adult's Hand, Holding a Trusted Adult's Hand and Walking, Coming to a Trusted Adult When Instructed, Standing with Adult without Holding Hands, Walking with Adult without Hand-Hold, Stopping an Action When Instructed, Tolerating Medical or Dental Visits

Assigning an Assessment



The *Sisu Skills* © program begins with the *Sisu Skills* © *Learner Assessment* and *Sisu Skills* © *Caregiver Assessment*. Follow these instructions to set up the assessment. **If you are a parent, this step will be completed for you.**

(Please note that the program author is currently working on updating the screenshots in this section to reflect updated assessment names and the new UnitusTI © look. Thank you for your patience while this change is in progress!)

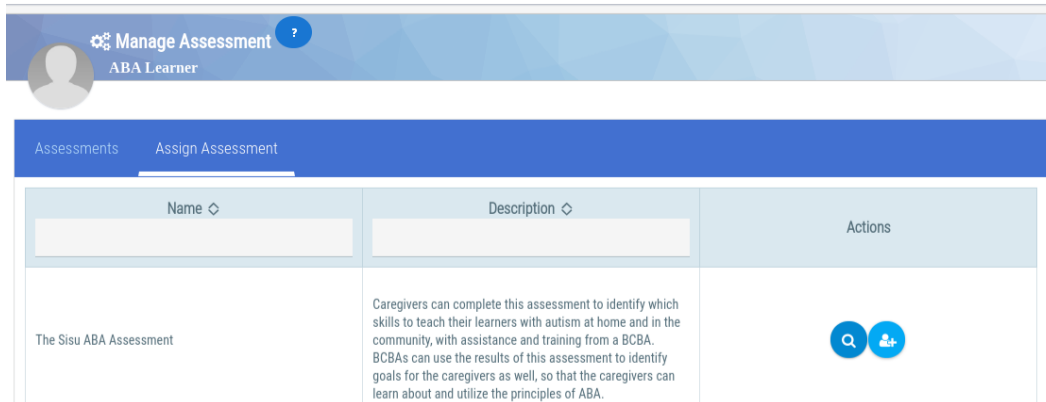
1. Click “Assessment” and then “Manage Assessment” on the left side of the screen.



2. Find your learner under “Client List.” Click the “Details” button next to your learner’s name.

Name ↑↓	Middle Name ↑↓	Last Name ↑↓	Age ↑↓	Gender ↑↓	Actions
 Jeremy	Frederick	Davis	9	Male	 Details

3. Click "Assign Assessment." Find the desired assessment in the list. Click "Assign" under the Actions column. Click "Yes" when prompted.

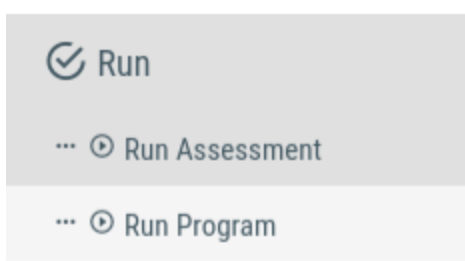


Completing an Assessment

The assessment can now be completed. **Both assessments should be completed by the caregiver, teacher, or another staff member who knows the learner well and will be using the curriculum with the learner.**

(Please note that the program author is currently working on updating the screenshots in this section to reflect updated assessment names and the new UnitusTI © look. Thank you for your patience while this change is in progress!)

4. Click "Run" and then "Run Assessment" on the left side of the screen.





- Find your learner under "Client List." Click the button next to your learner's name.

Run Assessment ?

Client List

<< < 1 > >>

	Name ^	Middle Name ◇	Last Name ◇	Age ◇	Gender ◇	Status ◇	Select
	ABA		Learner	4	Male	ACTIVE	

- Find the desired assessment in the list. Click the "Execute Assessment" button under the Actions column.

Run Assessment ?
ABA Learner

Assessments

Name ◇	Description ◇	Status ◇	Actions
The Sisu ABA Assessment	Caregivers can complete this assessment to identify which skills to teach their learners with autism at home and in the community, with assistance and training from a BCBA. BCBAs can use the results of this assessment to identify goals for the caregivers as well, so that the caregivers can learn about and utilize the principles of ABA.	ASSIGN	

7. On the Introductions page, the person completing the assessment should read everything very carefully. Then, if that person is ready to proceed, click, "I agree, proceed," then, "Execute Now."

← Back to List

I agree, proceed

The Sisu ABA Assessment ?

Introduction

Description: Caregivers can complete this assessment to identify which skills to teach their learners with autism at home and in the community, with assistance and training from a BCBA. BCBAs can use the results of this assessment to identify goals for the caregivers as well, so that the caregivers can learn about and utilize the principles of ABA.

How to take the test: Answer all questions about the learner's skills to the best of your knowledge. Most learners aren't 100% perfect with any skill, so give your answer based on what the learner can USUALLY do. If you are not sure about an answer, select "no" and the BCBA will test the learner on that skill later.

How results will be calculated: The results of this assessment will yield a list of programs which may be appropriate for the learner and caregiver based on the caregiver's responses. Not all programs suggested may be a good fit for the learner, so BCBAs should only assign suggested programs if they are appropriate based on their clinical judgment, background knowledge about the learner, and direct observation of the learner. BCBAs should prioritize behavioral cusps such as requesting, as well as skills required for the learner's health and safety, before working on less functionally relevant skills like matching. Quantitative baseline data on the learner's abilities should be obtained before new skills are taught.

8. The assessment can then be completed by selecting a response to each question.

Requesting

Does your learner usually make requests for what he or she wants by speaking?

Examples:
Says "ball" to ask for a ball
Says "I want a hug" to ask for a hug

Required

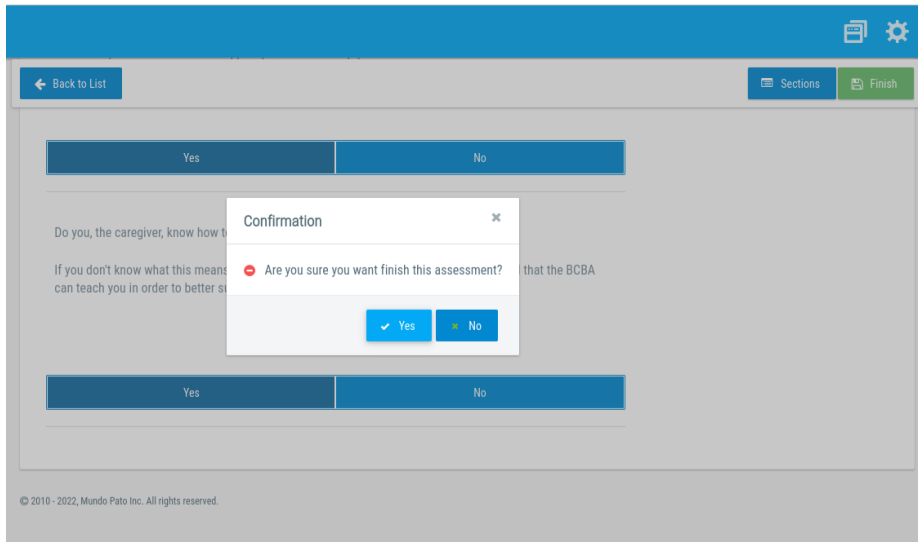
Yes No

Does your learner usually make requests for what he or she wants by speaking, multiple times daily?

Required

Yes No

9. When all questions have been answered, the person completing the assessment should select "Finish," and then, "Yes" when prompted.

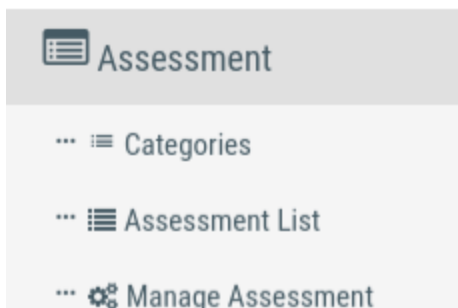


Assigning Programs from Assessment Results

The next step is to use the results of the assessment to identify appropriate programs. ***If you are a parent, this step will be completed for you.***

(Please note that the program author is currently working on updating the screenshots in this section to reflect updated assessment names and the new UnitusTI © look. Thank you for your patience while this change is in progress!)

1. Click "Assessment" and then "Manage Assessment" on the left side of the screen.



2. Find your learner under "Client List." Click the "Details" button under the Actions column.

Client List							
<< < 1 > >>							
	Name ^	Middle Name ^	Last Name ^	Age ^	Gender ^	Status ^	Actions
	ABA		Learner	4	Male	ACTIVE	

- Find the completed assessment in the list. Click the “...” button under the Actions column. Then, click “History” from the menu.

Manage Assessment ?
ABA Learner

Assessments Assign Assessment

Name ^	Description ^	Status ^	Actions
The Sisu ABA Assessment	Caregivers can complete this assessment to identify which skills to teach their learners with autism at home and in the community, with assistance and training from a BCBA. BCBAs can use the results of this assessment to identify goals for the caregivers as well, so that the caregivers can learn about and utilize the principles of ABA.	IN_PROGRESS	<ul style="list-style-type: none"> History Discontinue Delete

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- Find the completed assessment from the list. You can find it by the Execution Date or Finish Date. The status will say “FINISHED.” Click the “Details” button under the Actions column.

Assessment Executions List
ABA Learner

Name The Sisu ABA Assessment

Description Caregivers can complete this assessment to identify which skills to teach their learners with autism at home and in the community, with assistance and training from a BCBA. BCBAs can use the results of this assessment to identify goals for the caregivers as well, so that the caregivers can learn about and utilize the principles of ABA.

<< < 1 > >>			
Execution Date ^	Status ^	Finish Date ^	Actions
11/11/2022 03:38:05 PM	FINISHED	11/11/2022 03:50:01 PM	

<< < 1 > >>

5. Click “Suggested Programs.”

The screenshot shows a user profile for 'ABA Learner' under the 'Scoring' section. The assessment details are as follows:

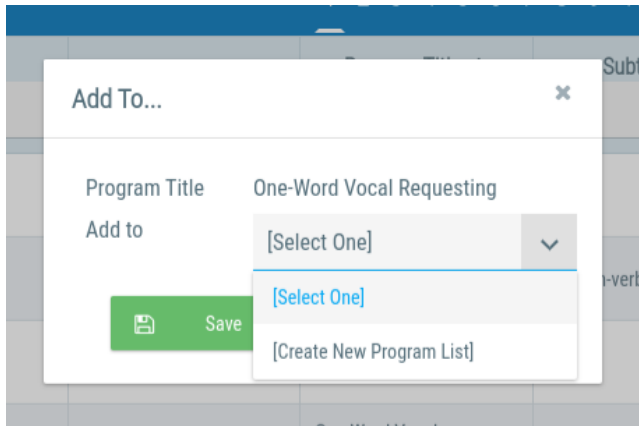
Name	The Sisu ABA Assessment
Description	Caregivers can complete this assessment to identify which skills to teach their learners with autism at home and in the community, with assistance and training from a BCBA. BCBAs can use the results of this assessment to identify goals for the caregivers as well, so that the caregivers can learn about and utilize the principles of ABA.
Execution Date	11/11/2022 03:38:05 PM
Status	FINISHED
Finish Date	11/11/2022 03:50:01 PM

At the bottom, there are three tabs: 'Scoring', 'Executed Assessment', and 'Suggested Programs', with 'Suggested Programs' being the active tab.

6. From this list, you can click the “Map By” button for each suggested program to see which question on the assessment prompted this program to be recommended. You can also search for programs by category, program title, program tag, and more, by clicking the corresponding column.

Assigned	Section	Category	Program Title	Subtitle	Map By..	Actions
	Requesting	Requesting	One-Word Vocal Requesting			

7. Click “Add Program to List” button to add a program to your client’s program list. You will be prompted to add the program to an existing list, or create a new one.
- My recommendation is to have one list for skill acquisition programs for the learner, which the **caregiver** will implement, and one list for Caregiver Training programs, which **you** will implement.

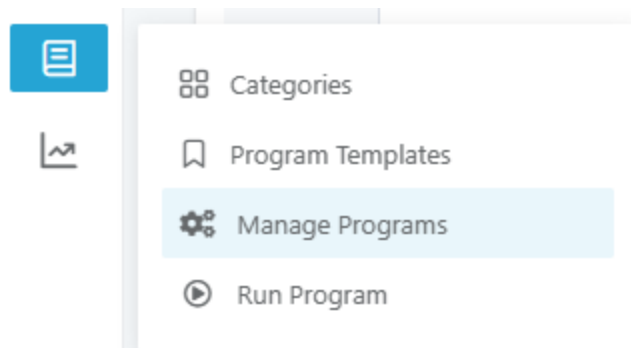


- For each program you add, you will be prompted through the steps of customizing the details of the program for your learner. Instructions and recommendations (e.g. regarding prompts, data collection types, etc.) will be included on the Program page here. When you are finished customizing the program, you will be redirected back to the Suggested Programs page to add more programs if desired.



Assigning Programs from the Program Library

In addition to assigning programs from assessment results, you can assign programs directly from the Program Library. ***If you are a parent, this step will be completed for you.***

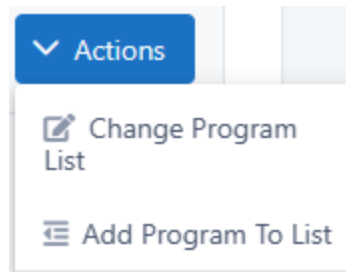
- Click “Programs” and then “Manage Programs” on the left side of the page.



- Find your learner in the Client List. Click the button under the Actions column.

Name ↓	Middle Name ↑	Last Name ↑	Age ↓	Gender ↓	Actions
 Jeremy	Frederick	Davis	9	Male	 Details

3. To add a program to an existing list, click “Actions,” then “Add Program to List,” then the list you wish to add the program to. To create a new list to add a program to, click “Actions,” then “Create New Program List.”
 - My recommendation is to have one list for skill acquisition programs for the learner, which the caregiver will implement, and one list for Caregiver Training programs, which you will implement.



4. You can search for programs by category, program title, program tag, and more, by clicking the corresponding column. Click the button next to the program you want to add.

Category [List All] Template Type [List All]

Template Catalog

	Category	Program Title	Target type	Subtitle	Instruction	Client Response	Program tags
	Adaptive	Staying Dry and Using Toilet	TIME	For young children wearing diapers/pull-ups.	Teach #CLINAME to use the toilet.	#CLINAME will remain dry (refrain from urination/bowel movements) for target off-toilet duration (amount of time between sits).	toileting,toilet training,potty,potty training,adaptive,inter help,independence

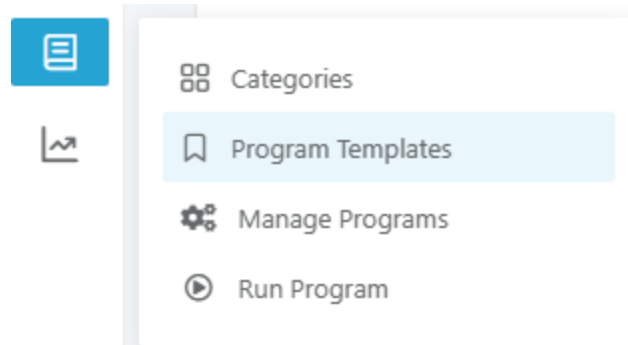
5. For each program you add, you will be prompted through the steps of customizing the details of the program for your learner. Instructions and recommendations (e.g. regarding prompts, data collection types, etc.) will be included on the Program page here. When you are finished customizing the program, you will be redirected back to the Add Program to List page to add more programs if desired.
6. Be sure to click “Update Program List” to save when you are finished.

Checking for Program Updates

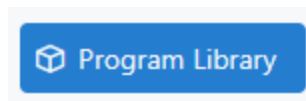
One really exciting feature of UnitusTI © is that I, the curriculum author, can update the program library when needed. Make sure to periodically check for updates to the *Sisu Skills* © and *Sisu Skills* © *Caregiver Training* curricula. ***If you are a parent, this step will be completed for you.***

Here's how to do this:

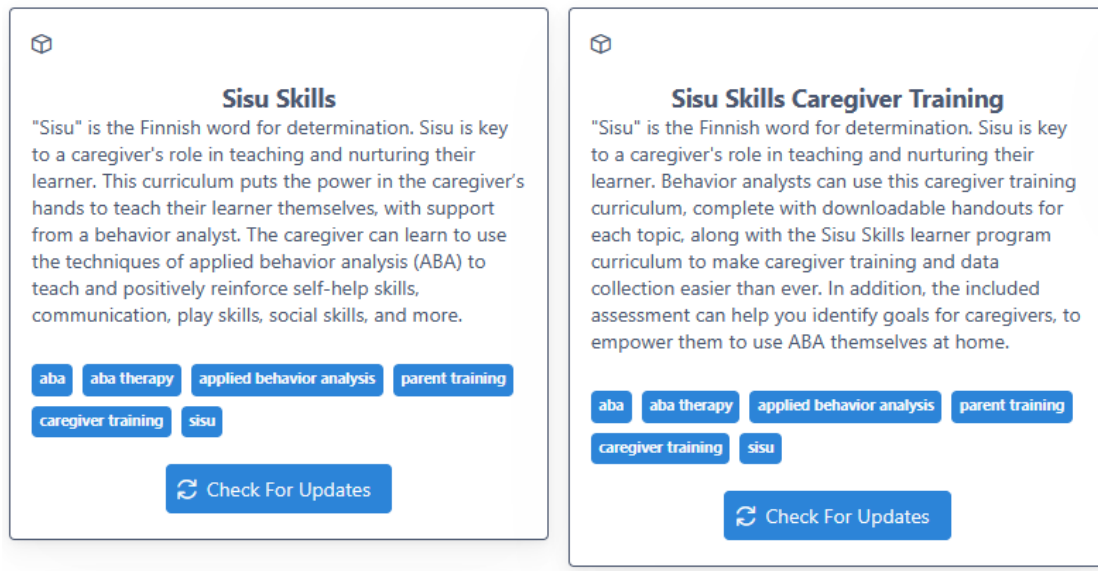
1. Click "Programs" and then "Program Templates" on the left side of the page.



2. Click "Program Library."



3. Find the curriculum you wish to update. Click “Check for Updates.”

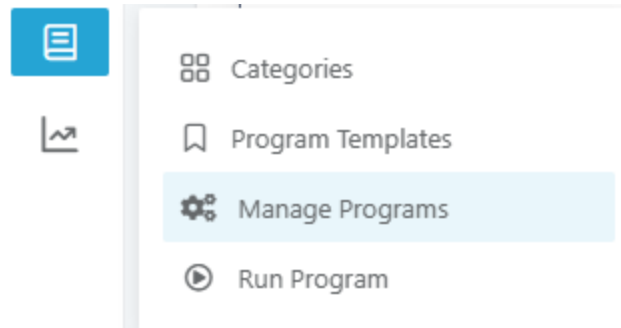


4. If there are updates available, you will have the option to “merge” or sync those updates to your account.

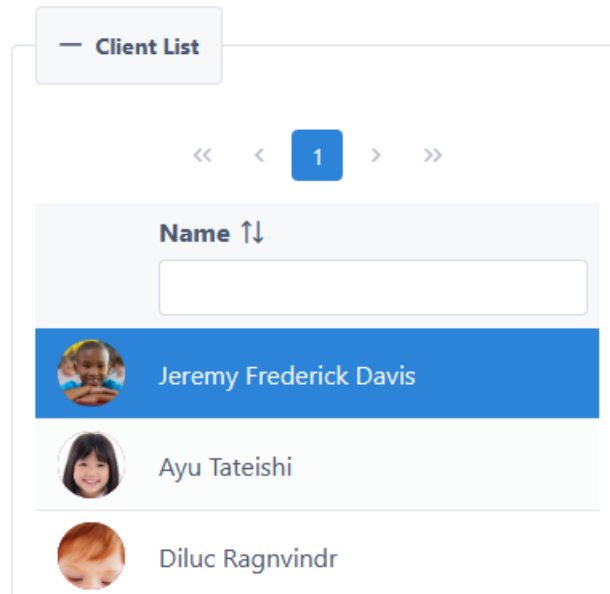
Running Programs - For Caregivers

Now that you have programs assigned and customized to your learner or their caregiver, you can start running the program and collecting data.

1. Click “Programs” then “Run Program” on the left side of the page.

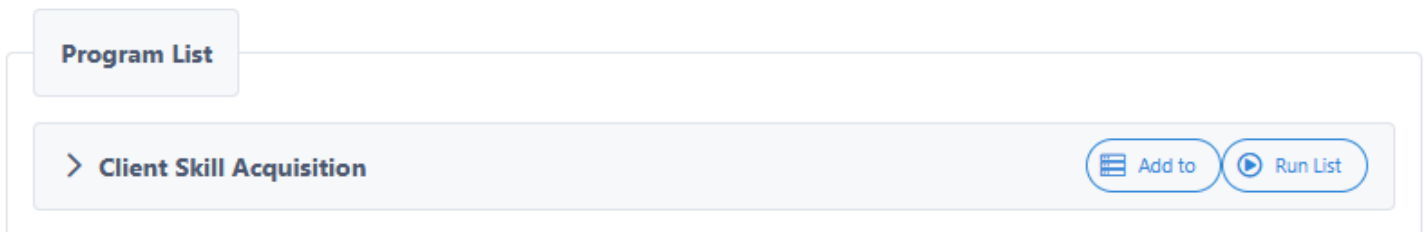


2. Find your learner in the Client List, and click on him/her.

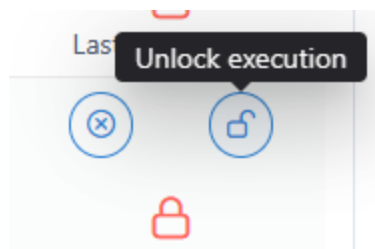


3. Click "Run Program List."

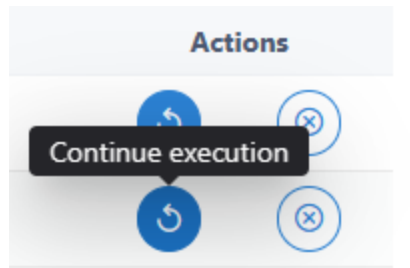
- Make sure to click the correct list, depending on if you are collecting data on the learner or the caregiver.



4. Click on the "Unlock execution" button next to the program you are running.



5. Click "Continue execution."

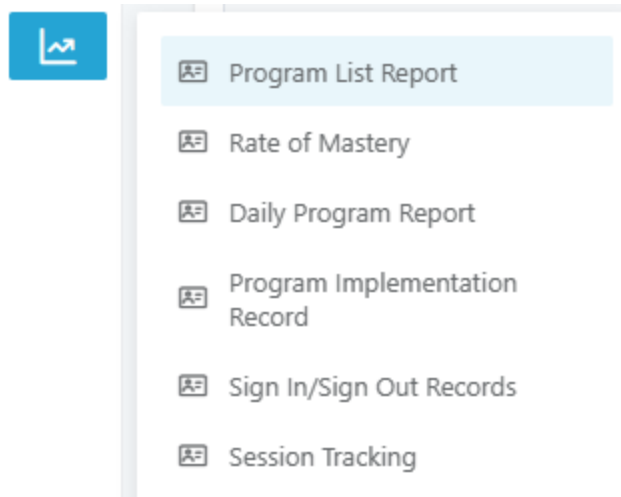


6. From the next page, you can review the program details and collect data. When you are finished, click "Record Data."

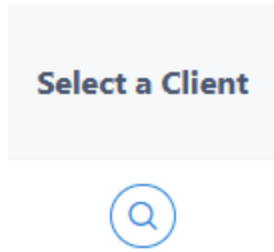
Viewing Graphs - For Caregivers

To view progress on the learner's or caregiver's programs:

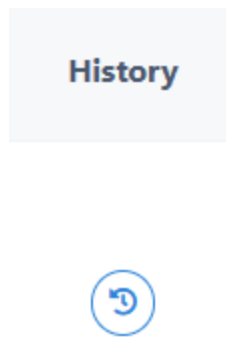
1. Click "Reports / Tracking," then "Program List Report" on the left side of the page.



2. Find your learner and click the button under the "Select a Client" column.



3. Find the program you want to see, and click the button under the "History" column.



4. Click the ">" button next to see raw data for each target.

History Execution	Targets Executed
▼	[Cat, Shoe, Spoon]
12/08/2022 07:58:33 PM	config.samor.mp
12/08/2022 08:03:39 PM	config.samor.mp

5. Click the “Graphs” button and then “Daily Graph” to see the graphs for the program.

